



Sampada Kapoor

Partner

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FormanWatkins is dedicated to creating solutions to each case that are "out of the box" and Sampada Kapoor is an associate who embodies that very principle. Having grown up in Japan and being the daughter of Indian immigrants, Sampada has overcome many challenges that have empowered her to be a hard working attorney with passion and drive to look for solutions in deep, complicated issues. She speaks Hindi, English, and Japanese, and offers rare perspective and creativity to her clients for whom she cares deeply. Sam grew up believing that unwavering commitment and service can truly inspire change. She became a lawyer because she wanted to join a profession that has a collective ability to positively inspire change in their community locally and nationally, and she works toward this goal every day. Clients can expect to be fully taken care of with Sampada as their advocate, because not only is she knowledgeable and ready to work, but she truly wants to find innovative solutions that help and inspire her clients and their businesses.

Education

- University of Mississippi School of Law, J.D., *cum laude*
- University of Mississippi, B.A. in International Studies, *cum laude*

Bar Admissions

- Mississippi

Professional Recognition

- *The Best Lawyers in America*® Ones to Watch (2023-2026): Commercial Litigation, Litigation - Labor and Employment, Mass Tort Litigation/Class Actions - Defendants, Personal Injury Litigation, Product Liability Litigation - Defendants
- Law-Related Public Education Award Recipient presented by the Mississippi Bar Foundation (2022)
- FormanWatkins Pro Bono Star (2020-2025)
- Selected to Mid-South Rising Stars (2020-2025)
- Selected as one of *Mississippi Business Journal's* 2019 Leaders in Law



Organization/Committee Memberships

- Diversity Council member, The University of Mississippi School of Law
- The Mississippi Bar Young Lawyers Division, Board of Directors (2021)

Publications

- "The U.S. Labor Union Spike," American Bar Association Business Law Today, July 2022
- "Stay or Go? Young Mississippians Weigh Their Future in the State," Podcast by Mississippi Today, May 2021
- "COVID-19 and the Workplace: An Employer's Quick Guide," Forman Watkins & Krutz LLP News Blog, March 2020
- *Lifting the Corporate Veil: Hobby Lobby and its Implications*, University of Mississippi School of Law Business Law Newsletter, May 2016

Pro Bono & Community Service

- Moot court judge, volunteer
- Mississippi Volunteer Lawyer Program, volunteer

Law School Honors & Awards

- Editor-in-Chief of Business Law Newsletter
- American Bar Association Business Law Judicial Clerkship Winner (2016)
- James Oliver Eastland Scholarship recipient
- Mississippi Bar Family Law Section Scholarship recipient

Previous Experience

- The University of Mississippi School of Law, Adjunct Professor (2018-2020)
- Law Clerk to the Honorable Judge Christine Ward, Commerce and Complex Commercial Litigation Court of Allegheny County, Pennsylvania
- Mississippi Access to Justice, intern
- The University of Mississippi Innocence Project, student attorney
- MacArthur Justice Clinic, student attorney

Practice Areas

- Asbestos
- Personal Injury
- Premises Liability
- Product Liability